



1.1

Vocabulary

Exercise 5

Match 1–6 with a–f to make sentences. There may be more than one correct answer.

- 1 I feel cheerful every time...
- 2 I feel disappointed every time...
- 3 I feel exhausted every time...
- 4 I feel stressed every time...
- 5 I feel surprised every time...
- 6 I feel upset every time...

- a I run fast.
- b I receive a gift.
- c I am with my friends.
- d I fail a test.
- e I have lots of homework.
- f I watch a sad film.

1.2

Grammar

Exercise 4

Complete the sentences with the correct form of the verbs in brackets. Use the given verb tense.

- 1 _____ (you/have) lunch now? (Present Continuous)
- 2 When I _____ (listen) to my playlist, I never _____ (feel) stressed. (Present Simple, Present Simple)
- 3 _____ (you/have) any advice to help us? (Present Simple)
- 4 I _____ (live) near the school, so I _____ (usually/not get up) early. (Present Simple, Present Simple)
- 5 My marks at school _____ (get) better all the time! (Present Continuous)

1.3

Reading and Vocabulary

Exercise 3

Read the article again and complete the sentences with one word.

- 1 The distance between Mumbai and Toronto is about _____ miles.
- 2 People who move to Canada can find a lot of help and _____.
- 3 Arjun recommends joining a club or starting a new _____.
- 4 Arjan likes living in Canada, but he dislikes some certain _____.
- 5 Martina feels like her mother's parent when she has to _____ in the shops.
- 6 Martina and her family are trying to keep a _____ attitude to the challenges.

1.4

Grammar

Exercise 5

Choose the correct answer.

- 1 What *were you doing* / *did you do* at 8 p.m. last night?
- 2 How many mountains *are you climbing* / *have you climbed*?
- 3 *Have you ever eaten* / *Did you ever eat* packaged food?
- 4 Where *have you gone* / *did you go* for your summer holiday last year?
- 5 *Was it raining* / *Has it rained* when you *got* / *were getting* up this morning?



2.1

Vocabulary

Exercise 4

Choose the correct answer.

- One large tree can provide enough *food waste* / *oxygen* for 3–4 people.
- Many creatures live in forests, so cutting down trees leads to more *pollution* / *endangered animals*.
- Sunny areas like the Sahara Desert may be good places for *solar power* / *factory farms*.
- Using *oxygen* / *petrol* in cars and other vehicles is very bad for the atmosphere.
- A lot of *pollution* / *oil* in the sea and rivers comes from plastic.
- Wind power* / *Atmosphere* creates energy from the movement of the air.

2.2

Grammar

Exercise 5

Complete the sentences with the correct past participle.

- The monkeys were sick because a visitor had *given* / *gave* them the wrong food.
- Maria showed me some photos she had *took* / *taken* at the zoo.
- We hadn't *realise* / *realised* how useful animal waste was until we read that article.
- They had already *fed* / *feed* the animals when I got there.
- Had you *hear* / *heard* about biogas before you visited the zoo?

2.3

Reading and Vocabulary

Exercise 3

Read the article again and choose the correct answer.

- What problem did Evan and his friends find on their trip?
 - rubbish in a lovely place
 - a traffic jam on the way to the country
- Who suggested cleaning up the litter?
 - everyone in the group
 - Amy
- What is the objective of Leave No Trace?
 - to take care of the countryside
 - to persuade people not to go camping
- What did Evan and Amy disagree about?
 - banning cyclists from hiking paths
 - reducing the number of visitors to the countryside
- What is the main purpose of the story?
 - to compare hiking in Wales with hiking on Mount Everest
 - to raise a serious environmental issue

2.5

Listening and Vocabulary

Exercise 4

2.12 Listen to four dialogues. Choose the correct answer.

- What is the date of the student election?
 - 
 - 
- What is the boy going to do?
 - 
 - 
- What did Mark's dad use to recycle when he was a boy?
 - 
 - 
- What kind of campaign has Sarah joined?
 - 
 - 



3.1

Vocabulary

Exercise 7

Complete the table with *be*, *have* or *wear*.

1 _____	2 _____	3 _____
pale / dark skin	good-looking	a costume
painted nails	in your thirties	jewellery
pierced ears	slim	
freckles	well-built	
dyed / curly / straight hair	average size / height	

3.3

Reading and Vocabulary

Exercise 3

Read the article. For each gap (1–5), choose the correct sentence (a–e).

- a Reusing clothes like this means we don't throw things away.
- b However, the machines are expensive and it's easier to make shoes than clothes.
- c People wore these items for a short time and then threw them away.
- d Others have made plant leather from pineapples and mushrooms.
- e Alternatively, you can rent a few clothes every month.

3.5

Listening and Vocabulary

Exercise 6

🔊 3.11 Listen again and choose the correct answer.

- 1 Sylvia says the museum
 - a shows only clothes from the past.
 - b has both old and modern clothes.
- 2 'Chopines' were
 - a fifteen centimetres high.
 - b in fashion between the fifteenth and seventeenth centuries.
- 3 Who wore very tall chopines?
 - a both men and women
 - b women who wanted to show their social status
- 4 A 'ruff' is a type of collar that was popular
 - a in the sixteenth and seventeenth centuries.
 - b for men but not for women.
- 5 Napoleon's soldiers had buttons on their sleeves
 - a to help keep their uniforms cleaner.
 - b to make the uniforms more comfortable.

3.6

Speaking

Exercise 6

🔊 3.13 Complete the dialogues with the missing sentences.

You look really smart. Have you had a haircut?
 Yes, I got it yesterday, but I'm not too sure about the colour.
 Yes, it suits you.
 Thank you. I'm glad you like it.

A

That jacket is awesome. Is it new?

1 _____

You look good in blue.
 Do you think so?

2 _____

B

3 _____

Yes, I went to the hairdresser's at the weekend.
 Honestly, I really like the style. It's cool.

4 _____



4.2

Grammar

Exercise 4

Choose the correct answer.

- They've arranged to visit their friend at the weekend. (arrangement)
They *are visiting* / *visit* their friend at the weekend.
- They're expecting to be well-paid. (prediction)
They think they *are being* / *will be* well-paid.
- The boat is scheduled to leave at 4 p.m. (schedule)
The boat *leaves* / *will leave* at 4 p.m.
- I'm planning to quit my job. (plan)
I *will* / *'m going to* quit my job.

4.3

Reading and Vocabulary

Exercise 2

4.6 Answer the questions with one or two words.

Fearne

- What kind of surgeon does Fearne want to be? *a specialist in* _____
- Who gave her help during a virtual operation? *a* _____
- Which type of training gives better results? _____ *training*

Sean

- According to Sean, what improves trainees' results? _____ *yourself*
- What has he been learning to avoid recently? _____ *situations*
- What will the VR training allow him to do? *get a* _____

Answer questions 7–9 about Dylan in your Student's Book.

4.5

Listening and Vocabulary

Exercise 7

4.12 Listen again and choose the correct answer.

- When she was on TV, Claire appeared
a embarrassed. b calm.
- Claire got her diploma when she was
a seventeen. b eighteen.
- Where was Stuart when he designed his app?
a in the mountains b at home
- Stuart's dad
a owns a sports shop.
b works in a sports shop.
- What does Claire consider her mum to be?
a a friend b a colleague
- How long will Stuart be working with a famous app developer in New York?
a a week b a month

4.6

Speaking

Exercise 6

4.14 Choose the correct phrase to complete the texts. Listen and check.

pay attention be careful Watch out!
Remember not allowed Make sure

- _____ to wash your hands.
_____ your knives are sharp. And
_____ you don't burn yourself.
It's hot.
- _____ That camera is worth
a fortune! Now _____. You're
_____ to speak while we're
filming.



5.1

Vocabulary

Exercise 8

Match the numbers (1–6) to the words (a–f).

- | | | | |
|---|-------------|---|---|
| 1 | 745 | a | five point eight billion |
| 2 | 9,862 | b | seven hundred and forty-five |
| 3 | 3,600,000 | c | eight hundred million |
| 4 | 5.8 billion | d | nine thousand, eight hundred and sixty-two |
| 5 | 24,222,394 | e | twenty four million, two hundred and twenty-two thousand, three hundred and ninety-four |
| 6 | 800,000,000 | f | three million, six hundred thousand |

5.2

Grammar

Exercise 6

Choose the correct answer.

- If I were you, I *will / would* study another language.
- I *don't / wouldn't* look at the sun unless I *have / had* special glasses.
- What *would / will* you do if you *would win / won* a trip to space?
- If I *have / had* enough time, I *would / will* show you how to use the telescope.
- She *wouldn't / didn't* go into space unless somebody *would pay / paid* her.

5.3

Reading and Vocabulary

Exercise 4

Read the article again and choose the correct answer.

- What does the article say about people who have been into space?
 - There have been fewer than 500 of them.
 - The majority prepared for many years.
- Who can become a space tourist?
 - people who can afford it
 - people who work for certain companies
- How far above the Earth would a space plane go?
 - 4,000 kilometres
 - 100 kilometres
- The author believes that
 - the only way to experience space is to become an astronaut.
 - there are lots of affordable alternatives to enjoy space.

5.6

Speaking

Exercise 7

5.17 Choose the correct answer. Listen and check.

- Ben:** I want to build one of the robots from this kit.
- Ivy:** ¹*First / Second*, decide which model you want to build.
- Ben:** Of course. Then ²*next / what* do I do?
- Ivy:** After ³*next / that*, check you have all the pieces.
- Ben:** OK, I'll check them. That ⁴*seems / works* easy.
- Ivy:** Oh, and you ⁵*important / have* to put the batteries in.
- Ben:** No problem. I ⁶*hope / get* it works.



6.2

Grammar

Exercise 4

Read, then choose the correct words to complete the reported speech sentences.

had were finished hurt if

- 1 a 'What time does the doctor finish?'
b I asked what time the doctor *finished*.
- 2 a 'When are they leaving?' Rachel asked.
b Rachel asked when they _____ leaving.
- 3 a 'It hurts,' he told the nurse.
b He told the nurse that it _____.
- 4 a 'I took the medicine this morning,' she said.
b She said that she _____ taken the medicine that morning.
- 5 a 'Did Emma see the doctor?' I asked.
b I asked _____ Emma had seen the doctor.

Answer questions 6–8 in your Student's Book.

6.4

Grammar

Exercise 5

Order the words to make reported statements and questions.

- 2 'Take a seat.'
asked / She / him / take / to / a seat
_____.
- 3 'Please don't be nervous.'
not / nervous / him / asked / be / She / to
_____.
- 4 'Relax.'
relax / told / him / She / to
_____.
- 5 'Can you tell me what the problem is?'
tell / asked / what / the problem / him / was / to / She / her
_____.

Answer questions 6–7 in your Student's Book.

6.3

Reading and Vocabulary

Exercise 4

Read the article again and complete the sentences. Use one word.

- 1 The article states that health-related apps are popular with _____ people.
- 2 Lack of sleep, certain foods or _____ can cause migraines.
- 3 Nathan didn't have enough money to go to the _____.
- 4 Exercising to music can result in much better _____.
- 5 Luke's family are now eating much healthier _____.
- 6 It's a good idea to ask other people before you choose an _____.

6.5

Listening and Vocabulary

Exercise 8

6.13 Listen again and complete the notes with words or numbers.

Zara's extreme party!

Where: ¹*The Climbing Wall* opposite the
²_____ and next to the leisure centre.

When: Saturday, ³11. _____ a.m.

Tell Zara's mum about any ⁴f_____ allergies.

Must wear: ⁵I_____ sleeves and trousers

Phone Katy's mum about lift (mobile no: 079 6473 82 ⁶_____).



7.2

Grammar

Exercise 5

Complete the second sentence using the correct form of *be*.

- Bad weather delayed my train.
My train _____ delayed by bad weather.
- They give out some instructions.
Some instructions _____ given out.
- You must complete the game in an hour.
The game must _____ completed in an hour.
- You can't do it if you don't share ideas.
It can't _____ done if you don't share ideas.
- Someone invited you to an escape room.
I _____ invited to an escape room.
- My cousin Mike took me there.
I _____ taken there by my cousin Mike.

Answer questions 7–8 in your Student's Book.

7.3

Reading and Vocabulary

Exercise 4

Ask and answer the questions in pairs.

- What are reliable sources of news in your country?
- What radio stations do you often listen to?
- What TV channels do you watch at the weekend?
- What news stories were in the press yesterday?
- Do you know any famous journalists in your country?
- What TV channel gets the biggest audience?

7.5

Listening and Vocabulary

Exercise 6

▶ 7.12 Listen to four short dialogues. Choose the correct answer.

- You will hear a girl telling her mother about a pair of jeans she wants to buy. What does she say about them?
a She had a pair like that when she was younger.
b She likes the TV commercial for them.
- You will hear two friends talking about a restaurant. What does the girl like about it?
a You can drink as much as you like for free.
b There's a good choice of salads.
- You will hear two friends talking about a poster for a music festival. Where do they think is the best place to put it up?
a in a supermarket b at the school
- You will hear a boy talking to his father. Why can't his father take him to football training?
a He's working that day.
b He won't be able to use the car at that time.

7.6

Speaking

Exercise 5

Complete the sentences with the question tags in the box.

don't we? are you? isn't he? haven't they?
can he? does she? can't you?

- He is from the USA, _____
- She doesn't like pasta, _____
- You can swim, _____
- He can't speak German, _____
- You aren't from Brazil, _____
- They have got two brothers, _____
- We live in a big house, _____



8.1

Vocabulary

Exercise 3

8.2 Choose the correct word to complete each sentence. Listen and check.

- Sculpture / Architecture* is the art of creating objects out of stone, wood, metal, clay, etc.
- Film-making / Photography* is the art of producing pictures using a camera.
- Classic / Pop art* is a style of painting that uses objects from ordinary life. It was very popular in the 1960s.
- Abstract / Classic* art is a style of painting that uses mainly shapes and lines and does not show people or things in a realistic way.
- Design / Architecture* is the art of designing buildings.
- An art installation / Impressionist art* is a piece of art that is made using light, sound, etc. as well as objects.

8.3

Reading and Vocabulary

Exercise 3

Match the questions and the answers.

- | | |
|---|------------------------------|
| 1 Who was in Tyler's first painting? | a at 12 |
| 2 What health problems did Tyler have as a baby? | b on social media |
| 3 At what age did Tyler first paint a famous basketball player? | c his head teacher |
| 4 Where did other celebrities see Tyler's work? | d large |
| 5 What size artwork does Tyler like to paint? | e He was deaf. |
| 6 What does Tyler do after a bad day at school? | f He creates self-portraits. |
| 7 How does Tyler share his art? | g in the news |

8.5

Listening and Vocabulary

Exercise 7

8.12 Listen again and choose the correct answer.

- Freddie won second prize in
 - a photography competition.
 - a story competition.
- The first-prize winner was
 - unwell.
 - friendly.
- In the office, Freddie
 - met some journalists.
 - watched TV programmes.
- What was Freddie's headline about?
 - a new brand of crisps
 - bad habits of birds

Answer questions 5–6 in your Student's Book.

8.7

Writing

Exercise 4

Complete the sentences with the missing linkers of contrast.

- A _____ it is an old painting, it looks very modern.
- I _____ all the details, I find this image relaxing.
- D _____ being one of his early works, it is brilliant.
- E _____ this is a great film, I prefer the book.



9.2

Grammar

Exercise 3

Choose the correct answer.

- 1 I'm the kind of guy *who / where* prefers lying on a warm beach.
- 2 This is Zac, *who / whose* favourite hobby is lying down.
- 3 Lots of people enjoy the Festival of Sleep Day, *which / who* is on 3 January.
- 4 The idea is to help people *that / which* stay up partying too long.
- 5 I know a few people *who / which* would like to celebrate that day.
- 6 This is the day *that / who* gives you the chance to be a pirate.
- 7 Do you know anyone *who / whose* idea of fun is to talk like a pirate?
- 8 My friend Miguel, *who / whose* lives in Costa Rica, is crazy about pirates.

Answer questions 9–10 in your Student's Book.

9.6

Speaking

Exercise 5

Choose the correct answer.

- a Do you *happen / appreciate* to know where I should get off for Elm Street?
- b *Thanks / Excuse* me. Sorry to *bother / problem* you. I was *passing / wondering* if I could ask you a question.
- c I'm *sorry / welcome* I don't know. I'm not from here.
- d It's no *alright / problem*. It was nice meeting you. Bye.
- e Yes, of *wonder / course*. Go *ahead / sorry*.

9.4

Grammar

Exercise 4

Rewrite the questions as indirect questions. Use the words in brackets.

- 1 Would you two like to hang out with us? (wondering)
I was _____ if you two _____.
- 2 Where is our hotel? (idea)
Have you any _____ where our hotel _____?
- 3 What street is it in? (remember)
Do you _____ what street it _____?
- 4 Did you have a good time? (like)
I'd _____ to know if you _____.
- 5 When does Mardi Gras start next year? (know)
Do you _____ when Mardi Gras _____?
- 6 Can I take a photo of you? (mind)
Do you _____ if I _____?

9.7

Writing

Exercise 4

Complete the sentences with the phrases in the box.

can make it check out do with dress up
hang out with kick off

- 1 What time does the surprise birthday party *kick off*?
- 2 I _____ my friends at the weekend.
- 3 My brother can't come to the party, but my best friend _____.
- 4 It's a formal dinner, so you should _____ and wear your best clothes.
- 5 You should _____ this book. It's very interesting.
- 6 I could _____ a new coat. This one is very old.